

STEPH'S CAFE MENU – Term 4, 2017

SANDWICHES AND WRAPS (Wholesel or White Bread)

(add \$1 extra for Gluten free and Wraps)

Vegemite, Honey, Strawberry Jam, Cheese \$3.00

Tuna, Chicken, Turkey, Ham \$4.50

Salad Sandwich - Lettuce, Cucumber, Carrot,
Tomato and Cheese \$5.00

Toasted Ham and Cheese - \$5.00

Toasted Cheese \$4.00

Falafel and Hummus Wrap – with lettuce,
cucumber and tomato \$5.00

EXTRA FILLINGS

Lettuce, Carrot, Cheese, Avocado, Beetroot,
Cucumber, Egg, Tomato - 50c each

BURGERS (GF Options for all)

Cheese Burger - \$5.50

Burger with the lot – (Lettuce, Bacon, Egg, Cheese,
Beetroot) - \$7.00

Egg and Bacon Roll - \$4.50 Extra Bacon 50c

Veggie Burger \$5.50 GF

Chicken Burger with lettuce and Mayo \$5.50

OTHER

Meat Nachos - \$5.50 GF

Vegetarian Bean Nachos - \$5.50 GF

Pumpkin Soup with roll - \$5.00

Homemade Sausage rolls with Tomato or Sweet
Chilli Sauce \$4.50

Spinach Triangles with Tomato or Sweet Chilli
Sauce \$1 each

Quiche Fetta and Spinach \$5.50

Butter Chicken and rice with Naan \$6.00

Baked Potato with a choice of - Bacon & Cheese,
Bolognese or Mixed Beans \$5.50 (Sour Cream
optional)

PASTA

Angel hair pasta with parmesan and rocket - \$5.00
(vegetarian)

Lasagne \$5.50 GF

Spaghetti Bolognese - \$5.50 (Gluten free option)

Spinach and Ricotta Cannelloni - \$5.50

SALAD

Caesar Salad - \$5.50 (add Chicken \$1)

Garden Salad - \$4.50 (add Chicken or Tuna \$1) GF

SNACKS

Sweet Potato Fries with Tomato or Sweet Chilli
Sauce \$3.50

Sultana Packs 50c each

Fruit Salad \$5.00

Raisin Toast (2 pieces) \$3.00

Vanilla Yoghurt Cups with Strawberries or Muesli
\$3.00

Piece of Fruit – Banana, Apple, Pear or Mandarin
\$1.00

Popcorn packs \$1.00

Hummus with Carrot and Celery \$3.00

Muffins – Carrot or Blueberry \$2.00

Banana Bread with Honey \$3.00

Frozen Pineapple and Grape bags \$3.00

Croissant with Strawberry Jam \$3.00

Frozen Yoghurt \$2.50

Anzac Biscuit 50c each

Vege Chips (Sea Salt & Vinegar, Natural, BBQ or
Chicken) \$1.00 a pack GF

Sakata rice crackers 50c a pack GF

5 mini Vegetable Spring Rolls with Sweet Chilli
Sauce \$2.50

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DRINKS

Small Strawberry Milk \$1.50

Small Chocolate Milk \$1.50

Large Nippy's Chocolate Milk \$3.00

100% Juices – Apple, Orange, Apple/Blackcurrant \$1.50

Iced Tea – Peach, Lemon, Raspberry \$3.00

The Canteen is open Tuesday,
Wednesday and Thursday.

Please order any hot meals before
or at Recess 😊