

# Korowal School

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NEWSLETTER

4/8/2009 Vol 32 Issue 8

CALENDAR	
3 – 7 August	Year 9 camp
6 August	Maths competition Yr 10 School Council meeting
Saturday 8 August	Working bee 9am -1pm
10 August	Year 7 vaccinations Society & Culture PIP due (HSC)
Friday 21 August	No school for primary students Half day for most high school students
Saturday 22 August	OPEN DAY 10am – 3pm
31 August	HSC art works due
1 September	HSC parent/teacher evening
17 September	School Council meeting
23 - 24 September	Class 3/4/5 camp
25, 26 & 27 September	High school cabaret
2 October	Last day term 3
19 October	First day term 4
Saturday 31 October	Garage/jumble/car boot sale

## OPEN DAY Saturday August 22<sup>nd</sup> 10am – 3pm

...the first Open Day in our new school. This is the day when we show our fabulous school to the wider community. It is also the day when students' work is displayed for family and friends. Please come along and invite your friends and relatives.

**REMEMBER:** There is no school for primary students on Friday 21<sup>st</sup> August, the day before Open Day. Most high school students finish at 1.20 pm on that day.

## OPEN DAY CAFÉ

Our Open Day café will serve coffee, cakes and sandwiches.

Can you help

- to make sandwiches at school from 8am on open day?
- to serve in the café on open day?
- to make cakes, slices or biscuits?

If you can help on the day, contact Tracy on 47829946 or [fwacy@yahoo.com.au](mailto:fwacy@yahoo.com.au)

If you can make cakes or biscuits, bring them on the day.

## Can you help to put up posters advertising our Open Day?

If you can volunteer to poster your local town, please contact Annie on [acarment@bigpond.net.au](mailto:acarment@bigpond.net.au)

Volunteers for mid to lower mountains towns are particularly welcome.

## WORKING BEE : This Saturday August 8<sup>th</sup> 9am -1pm.

Child care will be available in the K/1/2 courtyard and classroom.

Our aim is to do some of the jobs necessary to make our school look her best for her first Open Day. Coffee tea and snacks will be available. A detailed list of jobs and equipment will be emailed later in the week.

## THE SCHOOL FAIR HAS BEEN DOWNSIZED (less is more!)

Organising a school fair takes a huge amount of energy from a lot of people. On reflection, we have realised that this is too much in our first year at our new school.

Instead, we will hold a giant garage sale/ car boot sale on Sat Oct. 31<sup>st</sup>.

There will be food, music and market stalls. Families will be invited to bring second hand goods to sell, with a proportion of the proceeds donated to the school. More details soon.

## PRIMARY NEWS

Welcome back to Term 3. As many of you may remember, we planted various trees at the beginning of term 2, including a plum tree, pomegranate tree and rose bushes. If you have the chance to come and look at them, please do – they are all growing really well and showing signs of spring springing - as is the Wollemi Pine.

This term our major event is Open Day, on 22<sup>nd</sup> August. Whilst we hope to have lots of outside visitors, we particularly encourage all parents to come along to look at the wonderful work all of the children have produced. As teachers we are proud of the children's achievements and look forward to sharing this celebration with you. So please, come along and enjoy!

Please note that primary school children do not come to school on Friday 21<sup>st</sup> August

(Nancy)

[Thank you Laura.](#)

K,1,2 children have had the great pleasure of welcoming Laura Lucas to our classes this week. It has been wonderful to have Laura's energetic, helpful, ever-smiling presence full-time over the last five days and we will all miss her! Laura spent Year 1 and Year 2 in Nancy's class in 1999-2000 and has kept in close touch ever since, both with her classmates and her teachers. Laura lives in Thessaloniki, Greece but this is her fourth visit to Australia, and still counting! It was particularly useful having a Greek visitor during our Aesop's Fables Main Lesson! Thank you for everything, Laura!

(Mary-Ann)

## HIGH SCHOOL NEWS

There are many activities planned for this term in the High School.

Years 8 and 9 began the term with an excursion to the Jewish Museum for their studies in English and History. Year 9 are on camp this week, and a whole new cycle of sport has begun with dance and martial arts on offer to the students. It is always delightful to welcome Karen Crespo, an ex-student, back to work on choreographing dances with our students. These dances will become a part of our Cabaret which is planned for the second last week of term.

On the personal development/ health front our Pathways students had a visit from a representative of the Australian Electoral Commission. Following discussions about the democratic process many students completed enrol to vote forms. We have 'The Warehouse' coming to run workshops with Years 11/12 on Sexual health, and with Year 10 on Drink Spiking. We have the 'Kinks and Bends' program, which examines violence in relationships, being presented by workers from The Women's Health Centre to the Year 10 students. Year 10 also attend a special Driver Ed forum titled 'Youth and Road Trauma' at the ACER Dome in Homebush Bay.

Pathways students are busily completing their major works in



[Yr 9 leaves for camp early on Sunday](#)

Art and Music, and their PIPs (personal interest projects) in Society and Culture. These will all be submitted for marking within the next month. They have only this term before they sit their HSC exams in October and we wish them well in their final efforts.

Many year 10 students have recently completed their work experience by spending a week with an employer of their choice. Traditionally this is undertaken for one of the weeks in the July school holidays, and assists the students to have a taste of life in the workforce.

It is lovely to see the jonquils popping up in the grounds!

## STUDENT DRIVERS AND PASSENGERS

In the interests of all students, if your child has permission to drive to school, please let us know. If you have given permission for your child to be a passenger with a student driver, please put that permission in writing.

## PROGRAMMING COMPETITION

On Friday June 12 three Pathways students competed in an on line computer programming competition run by the University of New South Wales and open to all schools. Teams of three were required and Sharif, Gill and Daniel made up our team. The students entered and organised everything themselves which says volumes about their initiative. The fact that they gained a distinction and finished 19<sup>th</sup> overall says volumes about their skill and team work. Korowal congratulates the three students on this fine result. If you would like to see the result list and the names of other competing schools then visit <http://cgi.cse.unsw.edu.au/~progcomp/09provisional.php>

## HORSESHOE FALLS BUSHWALK

Last term as part of our Aboriginal Dreamings main lesson, the children from K,1,2 went on a bushwalk to Horseshoe falls with two Aboriginal guides from the NSW NPWS. We all had a wonderful time, learning about our local environment and its special importance to Aboriginal people.



Here are some writings from the children:

**Cecilia, Polly:** We went on the school bus. We were very excited. First, we looked at a blanket with lots of Aboriginal artefacts on it. We learned how to throw a spear. Next we went on a walk. Chris and janelle gave us some medicine. Then we got to the waterfall. Chris told us never to write on rocks. We had morning tea. We were behind the waterfall. The waterfall was called Horseshoe Falls. Everyone got muddy. Then we went back to school.

**Jatin & Paris:** Chris showed us a map and how to throw a spear. Janelle showed us how women carried things. There was a medicine tree. Paris and I had a taste of a leaf. It had honey in it. It would make you feel better if you were sick. We saw 2 hanging swamps. We walked down some steps. The steps were very dirty. We saw a huge cave and said "Wow!" Horseshoe Falls was the first waterfall I had ever seen! (Jatin) We had morning tea in the cave, then we headed back. We all got very muddy, puddles were everywhere!

**Michael, Sarah B, Brandon & Sebastian:** We all looked at the Aboriginal artifacts, which included a drinking bowl. Chris told us that in the old days when a man insulted someone he could be punished by having spears thrown at him. We saw a big hanging swamp. We walked behind the waterfall.

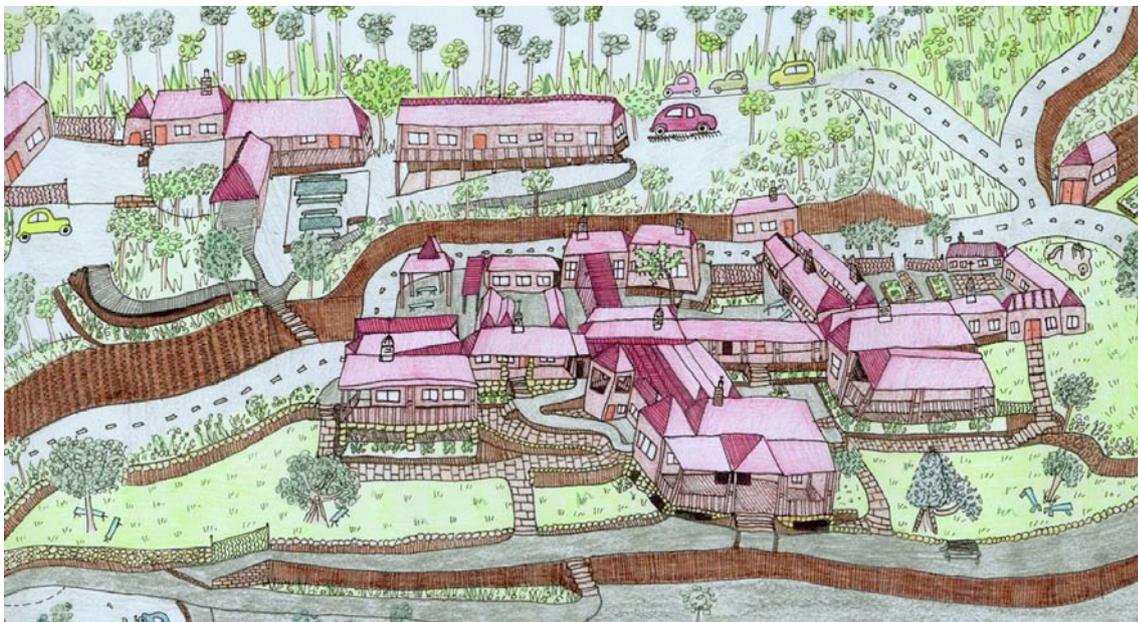
**Edward, Miles, Sarah D & Ethan:** *On the bushwalk it was very fun. We met Chris Tobin. First we saw all the Aboriginal tools and weapons on the blanket. Janelle showed us how to use the women's digging stick. Chris showed us his axe and drinking bowl. He also showed us spears and a spear launcher to launch spears and an ancient shield. We got to eat green medicine leaves and they were very yummy! Next we went on a very muddy and wet track. The mud was used as clay sometimes. There was a huge hanging swamp and a tree that you could make bowls out of. After a while we stopped and had morning tea. We went in a very spooky cave.*

**Aranya, Jaida, Justin & Casper:** *Chris showed us how to launch spears. Janelle talked to us about leaves that are like medicine but told us not to eat them because they could be the wrong ones and be poisonous. Chris found some rice on a spiky bush. Janelle showed us lemon leaves and a coolomon and what it can do. We had morning tea under a huge rock and Chris told us never to paint the rocks. We saw the waterfall. We went behind the waterfall and played there.*

## CANTEEN

Volunteers are still required, especially on Wednesdays. If you can help, contact Trish on 47593519 or leave a message at the office 47587466.

The term 3 menu is on a separate page at the end of this newsletter so that you can print it out for your fridge door.



Our school : by Bella Wagner year 9

## CONNECTIONS: Community events and notices.

### Coping with Bullying

*Facilitated by Peter Hurley, family & adolescent counsellor, this series of workshops is designed to help parents and carers support their children to cope with issues of bullying and develop resilience.*

When? Thursdays – 6<sup>th</sup> August, 13<sup>th</sup> August, 20<sup>th</sup> August & 27<sup>th</sup> August

What time? 10am – 12 noon

Where? Winmalee Neighbourhood centre, 62 White Cross Rd Winmalee

Cost: \$60 for the 4 workshops (discounts for concession card holders & unwaged)

FREE CHILD CARE AVAILABLE \_ BOOKINGS ESSENTIAL

4754 4050

**Lower Mountains Family Support Service**  
(An activity of Blaxland Uniting Church/Uniting Care)

**Family Links Project**

**PARENT GROUPS**  
**AUGUST – SEPTEMBER 2009**

Web Site: [www.lmfss.org.au](http://www.lmfss.org.au) for information on current parent groups and other services

GROUP	LOCATION	DATES & TIMES
<p><b>“Conscious Parenting”</b> <i>How parents can encourage confidence and resilience in kids to deal with life challenges (Facilitated by popular presenter Barry Palm) Partnership with Mid Mountains Happenings</i></p>	<p>Lawson Public School (Adelaide Street entrance) Lawson</p>	<p>Friday mornings 21/8, 28/8, 4/9, 11/9/09 <b>Time:</b> 10.00am – 12.30pm (childcare available)</p>
<p><b>“123 Magic &amp; Emotion Coaching”</b> <i>A no-nonsense behaviour management program for 2-12 year olds.</i> <b>Cost: \$15</b> (3 sessions)</p>	<p>Winmalee Presbyterian Church 482 Hawkesbury Road (cnr. High School Drive) Winmalee</p>	<p>Thursday mornings 3/9, 10/9 &amp; 17/9/09 <b>Time:</b> 10am – 12.30pm (childcare available)</p>
<p><b>“Parenting Teenagers”</b> <i>Facilitated by Peter Hurley Family &amp; Adolescent Counsellor</i> <b>Cost: \$40</b> (4 sessions)</p>	<p>Uniting Church Hall (next to Family Support) 70 Old Bathurst Road East Blaxland</p>	<p>Tuesday mornings 8/9, 15/9, 22/9 &amp; 28/9/09 <b>Time:</b> 10.00am – 12noon (childcare available)</p>
<p><b>“Multi-Cultural Playgroup”</b> A free playgroup meets fortnightly. Open to families with children 0-5 from diverse backgrounds</p>	<p>Blue Mountains Family Support Service 2 Station Street Katoomba</p>	<p>Every second Friday morning 31/7, 14/8, 28/8, 11/9, 25/9/09 <b>Time:</b> 10am – 12 noon Contact: Jill 4739 5963 Yola 4782 1555</p>

**COST:** Varies per group (includes morning tea/supper, handouts, and childcare. Negotiable depending on circumstances)

**CHILDCARE:** Available at day groups by **Mountains Mobile Minders**

**REGISTRATION:** Lower Mountains Family Support- **Ph: 4739 5963**

The Family Links Project is funded by the Commonwealth Dept. of Housing, Family and Community Services and Indigenous Affairs

**TERM 3, 2009**  
**SCHOOL CANTEEN MENU**

**Available Monday to Friday**

*Toasted Sandwiches on Wholemeal Bread* (Please specify if you do not want butter)  
 Vegemite or Tomato or Cheese Sandwich \$2.00  
 Ham, Cheese and Tomato Sandwich \$3.50  
 Sandwich Filling *Extras* for 50c: Tomato or Cheese or Pesto  
 Sandwich Filling *Extra* for \$1.00: Ham  
 (Gluten free Bread available upon request)

*Now Available:* Wholemeal rolls fresh daily for Salad Rolls \$3.00  
 (Salad Rolls include: Lettuce, tomato, grated Carrot, cucumber.  
 Extras same price as above)

**Daily Specials**

**MONDAY:** Minestrone Soup (Vegetarian) Large cup only \$3.00  
 (Gluten Free Minestrone available upon request)  
 Garlic Bread .70

**TUESDAY:** Poached free range Chicken and Lettuce Wrap \$4.00  
 With egg mayonnaise **or** Pesto/egg mayo

Homemade Vegetarian Samosa Pastie \$3.00

**WEDNESDAY** Pasta Cups with homemade tomato/vegetable Lge Only \$3.00

Pasta Cups with homemade bolognaise Sauce Lge Only \$4.00

**THURSDAY:** School made Vegetarian Samosa Pastie \$3.00  
 School made Sausage Rolls \$3.00  
 Tomato Sauce .20  
 Cup of Thai Pumpkin Soup \$2.50

**FRIDAY:** Cup of Vegetarian Fried Rice with egg. \$3.00  
 (Contains Tamari sesame and sunflower seeds, onion,  
 ginger, garlic, Capsicum, Carrot, beans, and egg.)

**DRINKS**

600ml Water \$1.50  
 375 ml Apple, Orange or Pineapple Juice \$1.50

